The GuidanceResources Experience

Holistic, Comprehensive and Personalized Process



Individual/Manager accesses the program



GuidanceConsultant administers comprehensive assessment



GuidanceConsultant provides counseling resources



Individual is connected to other programs, as applicable



ComPsych follows up with the individual

Our Approach to Meeting Individuals "Where They Are"





Email

Chat

Providing education about our services



Boost utilization

Ensuring connection to care

Multiple modes

of counseling (face-to-face, video, telephonic, chat, text)

Provider profile match

by "fit", specialty and availability

Digital Resources

also available (CCBT, website, mobile app, etc.) Connecting to other resources











Providing follow-up & support

Within 2 days for a routine referral

Within 1 day for urgent and emergent cases

Outcome surveys

sent to assess program impact and experience